Marinara Sauce

1 tbsp olive oil

garlic cloves, mincedonion, finely chopped

1 can (28 oz/796mL) Italian tomatoes; drained, seeded and

crushed

freshly ground pepper

• In a medium saucepan; heat oil over medium heat, sauté garlic and onion, stirring occasionally until softened, about 5 minutes.

- Add tomatoes. Bring to boil; reduce heat, cover and simmer, stirring occasionally, for about 45 minutes or until thickened.
- Season with pepper. Makes 4 servings.

Recipe by Gary Barone